

# Afterwork Swimming

Organised by the **International Section** of the **Luxembourg Red Cross**

Celebrate 100 years of the Red Cross in Luxembourg and help us raise money for the **Red Cross' Centenary** effort for **all vulnerable people in Luxembourg**.

Last year's event raised a magnificent **€10,000 for the Red Cross' Social Groceries** through **corporate & individual sponsorship** with over **60 swimmers** from **9 teams** taking part on the night!

**Les Thermes Strassen Thursday 3rd of April 2014 18h00-21h00 Swim for a good cause!**



**The International Section of the Luxembourg Red Cross** is a volunteer based organisation with the objective of fundraising and making people aware of solidarity actions.

**Afterwork Swimming is an annual Corporate Challenge** hosting several different competitions and other activities for families and friends.

**Corporate competition:**

- Marathon swimming
- Relay races
- Speed races

Form a team of colleagues and compete with other companies in the competitions of your choice.

**Free activities for everybody on the night:**

- Aqua Gym & Zumba classes
- 2 Water Slides & wave pool
- Outdoor pool

**Involve your colleagues and form a team of between 5-10 people!**

**Registration:**

Teams can book their place by e-mail [Section.internationale@croix-rouge.lu](mailto:Section.internationale@croix-rouge.lu)

Participants have the possibility to raise their own sponsorship just ask for the sponsorship form!

**Participation in corporate competition:**

€250 per company team which includes up to 10 participants.

**Payment to:**

Croix-Rouge Luxembourgeoise  
CCPLLULL LU52 1111 0000 1111 0000,  
with the following message « After work  
Swimming *Your Company Name* ».

**Deadline for registrations:** 20th March 2014

Please contact us for more details, should your company wish to support the event!

**Contact:**

The Secretary of the International Section  
[Section.internationale@croix-rouge.lu](mailto:Section.internationale@croix-rouge.lu)

